



## Sample ImproveMe questions

ImproveMe assessment questions are answered on a scale of strongly agree to strongly disagree, using thumbs up and thumbs down buttons to indicate your answers.



Below is a selection of example questions from the assessment:

I am committed to planning my daily routine, including both my work requirements and my personal time



I regularly seek the involvement of others to share technology expertise



I enjoy presenting and engaging in public speaking opportunities



When asked to research information for others, I consider this a learning opportunity



Managing and preparing for my ongoing career development is very important to me



My colleagues, peers and leaders consider me to be a good listener



Complete the full assessment at [ImproveMe.com.au](https://www.improveme.com.au) to discover your key competencies!